

GUIDELINES FOR ALTERNATE PHYSICAL EDUCATION ASSESSMENT

Medical Excuses from Physical Education require alternate assessments for skill and participation. The written knowledge assessment will still account for 20% of the student's grade. The other 80% will be an assignment due each week. **This report must be received by the teacher at the end of each week. No late work will be accepted.** If the student is absent for an extended period of time, individual arrangements can be made. Please see your teacher personally and do not ask another student to hand in your reports.

All Assignments Must:

1. Be hand written
2. Not be plagiarized as per the RBRHS handbook guidelines
3. Have a completely cited source (i.e. "google.com" is not a direct source)
4. Be turned in to your teacher on time or a zero grade is given.

8 Assignments: 1-3 will be done twice, once for each of your two Physical Education activities (i.e. Volleyball and Tennis), 4 and 5 are once per marking period.

Freshman

1. Provide 25 facts from study guide packet in complete sentences.
2. A thorough summary of the history and development of the activity.
3. A profile of an important person in this activity (example: Basketball – Michael Jordan)
4. Select an Alcohol related topic, research this topic and compose an original paper.
5. Select a Communicable Disease*, research this topic and compose an original paper.

a communicable disease is a disease that can be spread from person to person

Sophomore

1. Provide 25 facts from study guide packet in complete sentences.
2. A thorough summary of the history and development of the activity.
3. A profile of an important person in this activity (example: Basketball – Michael Jordan)
4. Select an Abused Drug (excluding Alcohol), research this topic and compose an original paper.
5. Choose a Controversial Driving Issue (example: cell phone use, GDL's) research this topic and compose an original paper.

Junior

1. Provide 25 facts from study guide packet in complete sentences.
2. A thorough summary of the history and development of the activity.
3. A profile of an important person in this activity (example: Basketball – Michael Jordan)
4. Select an Alcohol related topic, research this topic and compose an original paper.
5. Select a component of Nutrition (example: eating disorder, fad diet, dietary guidelines), research this topic and compose an original paper.

Senior

1. Provide 25 facts from study guide packet in complete sentences.
2. A thorough summary of the history and development of the activity.
3. A profile of an important person in this activity (example: Basketball – Michael Jordan).
4. Select an Abused Drug (excluding Alcohol), research this topic, and compose an original paper.
5. Select type of Cardiovascular Disease or Condition, research this topic and compose an original paper.

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